

Blessed Brunch

ALL THE DETAILS

BLESSED IS SHE

hostess guide

WELCOME TO SISTERHOOD.



a note from Jenna Guizar

FOUNDER OF BLESSED IS SHE

I am so excited you're taking the leap into hosting a Blessed Brunch. Your "yes" is such an encouragement to me and my life as a great example of courage and generosity.

When Blessed is She started in September 2014, it was a time where I was looking for community. I was searching for like-minded women to journey with me in growing in my faith and in my relationship with the Trinity.

I finally found it when I said "yes" to opening up my door and opening up my heart to other women in a vulnerable, authentic, "take me as I am" sort of way. When I opened up my heart, I started to see relationships change, go deeper, become more rooted.

I found my sisters, rooted and planted in Christ and in His Church, and my life was changed by these women who prayed for me, prayed with me, helped me in times of suffering, and cheered with me in times of great joy.

I deeply want you to experience this as well, sister. I am praying for you, and I am cheering you on in this journey of faith, this adventure of sisterhood.

I hope you have a beautiful day.

To Him be the glory.

In gratitude,
Jenna Guizar





spread the word

We've created flyers for you to hand out at your church, at your women's groups, and on the metro. Click [here](#) to download your flyer.

Feel free to shout from the rooftops on social media using our images with your Blessed Brunch link, which you can find by clicking [here](https://bit.ly/BlessedBrunch): bit.ly/BlessedBrunch.

You can:

- + share at your church
- + share with your friends
- + share in your BIS Regional Group (and we'll share in the Regional Groups as well!)

Just like you, we love sisterhood. And we want to help you cultivate a beautiful community in your area.

Let us know how we can help you reach out to others in your area.



general outline

Clean up or decorate your house if you wish. Some brunches are very low-key, and some are decorated. You choose, this is your day, Hostess! Remember, you provide the drinks, but you can provide more if you'd like.

A sample timeline:

10:00 Guests arrive, sign in, get name tags, get drinks, chat

10:30 Welcome & prayer, eat

11:30 Group discussion with questions below or Conversation Cards:

// Tell us your name, where you're from, what brought you here? Where are you on your faith journey?

// What is your passion? Maybe something you do regularly or even something you wish you did more, but don't have time for?

// What is your favorite way/time to pray?

11:55 Closing prayer with intentions, time to chat, group picture

opening prayer

Lord Jesus, thank You for bringing us together to grow in love of You and one another. Please bless this brunch and every sister here. Bless every conversation and connection. Continue to draw us closer to Your heart and give us the grace to open our hearts to each other. Help us to grow in friendship and holiness through this community.

We ask this through the intercession of the Blessed Virgin Mary and all the Saints.

We love You, Lord, and we thank You.

In Jesus' name we pray, Amen.





additional questions

// What is your favorite spiritual book that you've read or are looking forward to reading?

// What is it about friendships that you value the most?

// What do you love about being Catholic?

// Where do you see yourself being called to by God in a unique way?

// What is it you wish you knew more about in terms of the Faith?

// How do you plan to be actionable in your prayer life this week?

// How can we as sisters hold you accountable this week to your prayer goals?

// Who is your favorite Saint and why?

[CLICK HERE TO DOWNLOAD CONVERSATION CARDS](#)

announcements

There are so many ways to get connected to other women
in the Blessed is She community!

Find out all the ways right here: blessedisshenet.com/community

If you'd like study guides for the community you are
fostering, please head to bit.ly/BISfreestudyguide
to download an additional resource.

Take a picture of your group of gals and send to us!
We want to see! #BISsisterhood



Blessed Brunch

BLESSED IS SHE

join us!

WELCOME TO SISTERHOOD.


COME TO A BLESSED BRUNCH!
IT'S A POTLUCK BRUNCH FOR
WOMEN OF ALL AGES AND STAGES
(SO THAT'S YOU!).

WE'LL ENJOY FOOD,
CONVERSATION, AND PRAYER.

DATE:

LOCATION:

CONTACT FOR MORE INFO AND TO RSVP:

A rustic dining table setting featuring a white plate with a gold rim, a glass with a gold rim, and a candle in a gold holder. The table is decorated with greenery and a woven chair is visible in the background.

They devoted themselves to the teaching of the apostles and to the communal life, to the breaking of the bread and to the prayers.

ACTS 2:42